

The Living spa®

SIGNATURE SERVICES

Indulgent Pampering

Utilizing the healing powers of Rose Quartz, this treatment boosts blood circulation, speed healing, and dispel negative energy. This service begins with a dry brushing to exfoliate the skin and stimulate the lymphatic system, the treatment continues with a luxurious organic rose and geranium clay mud wrap. This wrap will gently detoxify, refine skin texture, and reduce inflammation. While wrapped a hydrating mask is applied to the face for profound rejuvenating benefits. This one-of-a-kind restorative service comes full circle with a luxurious, skin-healing Shea Butter Cream used for your whole-body massage.

120 minutes \$315

Sagrado High Desert

A blend of wild-crafted, indigenous plants, flowers and aromatic skin nourishing oils inspired by the high desert create a lasting impression that can be revisited using the Living Spa signature products. The body is exfoliated with triple milled desert salts, and then wrapped in an ancient sea clay mask that is mineral rich and serves to draw toxins out of the body. Completing the treatment is a gentle massage and application of cedar wood and sage, butter cream.

90 minutes \$255

Hot Towel Infusion Treatment

This is the ultimate relaxing and detoxifying experience. Steaming hot towels and deeply penetrating therapeutic hot packs are combined with specialized essential oils to fire up the body's natural healing mechanisms. Tension bound deep within the muscles is released. This treatment is excellent after any physical activity or just a long day.

90 minutes \$235

Body Polish

A complete exfoliation of the body with your choice of our aromatic and energetic combinations. Positively affects the lymphatic system, improves circulation, decreases water retention, and stimulates the nervous system. Step out of the old and into your new skin. Includes a gentle massage with a compatible moisturizer. Ask for current product choices when booking.

60 minutes \$185



A Hug—It's What You Need

Allow yourself this peaceful time to drift away while cocooned in bliss. This service combines the grounding effects of a comforting wrap, scalp and foot treatment with a soothing shea butter moisture effleurage. It is excellent for nurturing the soul while restoring elasticity and vibrancy to dehydrated skin.

90 minutes \$235

Your Best Selfie: Facial Rejuvenation

Everyday stress, environmental pollution and mental strain can wreak havoc on your complexion. This 45-minute calming, anti-inflammatory service will have you putting your best selfie forward... #nofilter. Enhanced by a delightful foot revival.

45 minutes \$125

MASSAGE

The Living Spa

This treatment allows you and your therapist to meet your individual massage needs. The intention of the massage may be to invigorate your body and mind; or perhaps total relaxation is more appropriate for your state of being. Creation of a unique and harmonious experience is the goal. Our signature Sagrado oil blend will promote a healthy equilibrium of body, mind, and spirit.

30 minutes \$90 | 60 minutes \$155 | 90 minutes \$200

MASSAGE *continued*

Deep Tissue

This invigorating full-body massage incorporates different modalities with the intention of effecting the “deeper” tissues of the body. Working with the guest, the therapist will use their specialized training to access the underlying, structural muscles, in order to facilitate ease in the overlying or functional muscles of the body. At the end of the treatment Arnica massage oil is applied. This powerful anti-inflammatory will help reduce pain and stiffness in overworked muscles.

30 minutes \$100 | 60 minutes \$170 | 90 minutes \$215

Unity Couple’s Massage

This luxurious experience features our specially blended massage oil; designed to balance the yin/yang polarities. The precious essential oils of pink magnolia and rose orchid combine to enhance the harmony of the two.

60 minutes \$320 | 90 minutes \$410

Prenatal

Massage during this magical time has been shown to positively influence the mother and child. By relieving body discomforts and stress, the two of you will enter a more heightened state of bliss. Your therapist can adapt your massage for any stage of pregnancy. (Not recommended for high-risk pregnancies).

30 minutes \$90 | 60 minutes \$155 | 90 minutes \$200

Reflexology

A natural healing art based on the principle that there are reflexes in the feet, hands and ears which correspond to every system, gland and organ of the body. Through application of pressure on these points, the feet being the primary area, reflexology relieves tension, improves circulation and helps promote the natural functions of the body.

30 minutes \$90 | 60 minutes \$155

Enhancements \$20

Rejuvenation Mask	Sinus Treatment
Scalp Treatment	Hand Treatment
Solemate	Moisture Drench
Hot Stones	Pain Relief CBD \$25

30 minute Add Ons

Must be joined to another 30 minute or more body service.

Body Polish \$90	Dry Brush Lymphatic Drainage \$85
Scalp Ritual \$85	Reflexology \$85
Extra Massage \$85	



Tarot Reading

Using Astrology in conjunction with the Tarot, Julie Kelly our house Astrologer, will guide you through the mapping of your upcoming year. Don't let the future catch you by surprise, allow the cards to guide you through your life's journey with an awareness to the sign posts ahead.

Allow for 45 minutes, durations may vary

One Year Forecast \$165

HOW TO SPA

Please provide 24 hours notice to avoid charges for canceled services. We recommend arriving 20 minutes prior to your service to allow ample time to check-in, slip into a robe and slippers, and unwind in our relaxation lounge. Inform your therapist of any injuries, surgeries, or medical conditions as some treatments may be contraindicated. Undress to your level of comfort. Our therapists use modest draping techniques to ensure that your comfort is always maintained. To respect a peaceful experience for everyone, the use of cell phones is not permitted in the spa.

The Living Spa is an adult only and smoke-free facility. Select services may be scheduled for guests ages 14-18 when accompanied by a parent or guardian. Complimentary valet parking is available to local and day spa guests.

Service Charge

A 20% service charge will be added to your spa services. You may elect to add a gratuity.