

# Activities & Entertainment El Monte Sagrado

# April 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2 <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Guided Meditation</i> (Studio) 5:30-6:30pm	3 <i>Gentle Yoga</i> (Studio) 6-7:15pm <i>Get Your 2 step On!</i> Dance lessons (Bar) 6-7 pm	4 <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Cocktail Demo</i> (Anaconda) 6pm	5 <i>Live Music-Omar Rane</i> Jazz Guitar (Bar) 6-9pm	6 <i>Guided mediation</i> (Studio) 9-10am <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Live music – Matt Ruder</i> Jazz (Bar) 6-9pm	7 <i>Gentle Yoga</i> (Studio) 9-10:15am <i>Live Music – Laura Bulkin</i> Piano (Bar) 11am-2pm For Brunch
8 <i>Game Time</i> (Library) 4-6pm <i>Monday Night Trivia</i> (Bar) 6:15-8:30pm	9 <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Guided Meditation</i> (Studio) 5:30-6:30pm	10 <i>Gentle Yoga</i> (Studio) 6-7:15pm <i>Get Your 2 step On!</i> Dance lessons (Bar) 6-7 pm	11 <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Cocktail Demo</i> (Anaconda) 6pm	12 <i>Live Music-Omar Rane</i> Jazz Guitar (Bar) 6-9pm	13 <i>Guided mediation</i> (Studio) 9-10am <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Live music – Matt Ruder</i> Jazz Guitar (Bar) 6-9pm	14 <i>Gentle Yoga</i> (Studio) 9-10:15am <i>Live Music – Eileen Wiard</i> Piano (Bar) 11am-2pm For Brunch <i>Book Signing with Mirabai Starr</i> (Rio Foyer & Ballroom) 3-6pm
15 <i>Game Time</i> (Library) 4-6pm <i>Monday Night Trivia</i> (Bar) 6:15-8:30pm	16 <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Guided Meditation</i> (Studio) 5:30-6:30pm	17 <i>Gentle Yoga</i> (Studio) 6-7:15pm <i>Get Your 2 step On!</i> Dance lessons (Bar) 6-7 pm	18 <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Cocktail Demo</i> (Anaconda) 6pm	19 <i>Live Music-Omar Rane</i> Jazz Guitar (Bar) 6-9pm	20 <i>Guided mediation</i> (Studio) 9-10am <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Live music – Matt Ruder</i> Jazz Guitar (Bar) 6-9pm	21 <i>Gentle Yoga</i> (Studio) 9-10:15am <i>Live Music – Laura Bulkin</i> Piano (Bar) 11am-2pm For Brunch <i>Easter Buffet</i> (Rio Ballroom) 10 am – 2 pm Live music with
22 <i>Game Time</i> (Library) 4-6pm <i>Monday Night Trivia</i> (Bar) 6:15-8:30pm	23 <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Guided Meditation</i> (Studio) 5:30-6:30pm	24 <i>Gentle Yoga</i> (Studio) 6-7:15pm <i>Get Your 2 step On!</i> Dance lessons (Bar) 6-7 pm	25 <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Cocktail Demo</i> (Anaconda) 6pm	26 <i>Live Music-Swing Dusters</i> Country Swing (Bar) 6-9pm	27 <i>Guided mediation</i> (Studio) 9-10am <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Live music – Omar Rane</i> 6-9pm	28 <i>Gentle Yoga</i> (Studio) 9-10:15am <i>Live Music – Eileen Wiard</i> Piano (Bar) 11am-2pm For Brunch
29 <i>Game Time</i> (Library) 4-6pm <i>Monday Night Trivia</i> (Bar) 6:15-8:30pm	30 <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Guided Meditation</i> (Studio) 5:30-6:30pm					

# ACTIVITIES

## Special Events:

>**Reception and Book Signing with local, renowned Author, Mirabai Starr.**

3-4pm Reception in Rio Grande Foyer

4-5pm Book Reading

5-6pm Book Signing

>**Easter Grand Buffet** – Live Music with Omar Rane  
10 am -2 pm.

12 pm Easter Egg Hunt, Games, Art table for kids.

## Other Activities:

>Billiards, Board Games, Books and Movies in the library

>Aqua Center Salt Water Pool & Hot Tubs, 8 am-10 pm

>24-Hour Fitness Room

>Non-resort and local guests may purchase a day pass from the spa which includes access to the spa facilities, use of locker rooms, steam, dry sauna, relaxation lounges, aquatic and fitness centers.

Monday – Thursday \$25

Friday – Sunday \$30

## Heritage Inspiration Activities:

>Artisan walking Tours of Taos  
Thursdays & Fridays

>Ghost Ranch Hiking Tour

>Taos Artisan Walking Tour

Many half and full day tours available.

For more info. Call Angelisa at (575) 779-5516 or go to [heritageinspirations.com](http://heritageinspirations.com)