

de la tierra

EL MONTE BENEDICT....14

poached eggs, grilled ham, tomatoes, spinach,
smoked jalapeno hollandaise,
english muffins, veggie potatoes

HUEVOS RANCHEROS....12

two eggs over easy on corn tortillas with red or green chili, beans, topped with
cheddar, sour cream, pico de gallo, veggie potatoes

BREAKFAST BURRITO....12

scrambled eggs, veggie potatoes, cheddar cheese, pico de gallo,
choice of chorizo, bacon or sausage and red or green chile

SMOKED SALMON & FRENCH OMLETTE....15

rosti potatoes, crème fraiche, tobikko, micro greens salad, champagne
vinaigrette

AMERICAN BREAKFAST....14

two eggs your style, sausage & bacon,
veggie potatoes, choice of toast

AVOCADO TOAST....12

rye bread, tomatoes, pecorino romano, EVOO, black pepper,
poached egg, topped with basil served with fresh fruit

POWER GRAINS BREAKFAST....10

quinoa steeped in sweet almond milk with nuts, brown sugar, cinnamon, dried fruits & apples

STEEL CUT OATMEAL....9

dried fruit, cinnamon, brown sugar, sweet cream, chopped
pecans & walnuts

SUBSTITUTE A SIDE OF FRUIT FOR POTATOES FOR \$2.

Consuming raw or undercooked meats, poultry, seafood, shellfish,
eggs or un-pasteurized milk may increase your risk of foodborne
illness

CREATE YOUR OWN OMLETTE....12

3 EGGS, VEGGIE POTATOES,
TOAST OR ENGLISH MUFFIN WITH YOUR CHOICE OF TWO....
bacon, sausage, ham, chorizo
cheddar cheese, feta, pepper jack, swiss
tomatoes, onions, chopped green chile, spinach, peppers, squash or mushrooms.
ADDITIONAL TOPPINGS \$1 EACH....

WAFFLES....12

4 mini waffles served with cinnamon apples, sweet cream, & maple syrup

BLUE CORN WAFFLES....14

4 mini blue corn waffles served with nuts, pecan butter, dried fruit, & maple syrup

PANCAKES....12

3 buttermilk pancakes served w/ cinnamon apples, sweet cream, & maple syrup

WILD PANCAKES....14

3 blue corn pancakes served with nuts, pecan butter, dried fruit, & maple syrup

PANCAKES & WAFFLES SERVED WITH YOUR CHOICE OF BACON OR SAUSAGE

SIDES

BOWL OF FRESH FRUIT	5
VEGGIE POTATOES	4
HOUSEMADE GRANOLA	4
TOAST, ENGLISH MUFFIN, BAGEL or PASTRY	3
BACON OR SAUSAGE	4
CEREAL & MILK choice of Cheerios, Frosted Flakes Corn Flakes or Raisin Bran	4
TWO EGGS ANY STYLE	4
RED OR GREEN CHILI	2

BEVERAGES

JUICE	4
Orange, Grapefruit, Apple, Cranberry, Pineapple, Tomato	
COFFEE OR MIGHTY LEAF HOT TEA	3.5
ESPRESSO Single 3 / Double	5
AMERICANO 3 / Double	5
ICED TEA, SODA OR MILK	3
CAPPUCINO OR LATTE	6
HOT CHOCOLATE	5
FRESH FRUIT SMOOTHIE	7
Fresh Fruits blended w/ Greek Yogurt & Orange Juice, Sweetened w/ Honey	

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