

Activities & Entertainment El Monte Sagrado

March 2019

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|---|--|---|--|--|--|
| | | | | 1 <i>Live Music-Omar Rane</i> Jazz Guitar (Bar) 6-9pm | 2 <i>Guided mediation</i> (Rio Ballroom B) 9-10am <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Live music – Lisa Joyce</i> Indie Folk (Bar) 6-9pm | 3 <i>Gentle Yoga</i> (Rio Ballroom B) 9-10:15am <i>Live Music – Eileen Wiard</i> Piano (Bar) 11am-2pm For Brunch |
| 4 <i>Game Time</i> (Library) 4-6pm <i>Monday Night Trivia</i> (Bar) 6:15-8:30pm | 5 <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Pueblo Yoga</i> (Gallery) 5:15-6:15pm <i>Guided Meditation</i> (Library) 5:30-6:30pm | 6 <i>Gentle Yoga</i> (Rio B) 6-7:15pm <i>Get Your 2 step On!</i> Dance lessons (Bar) 6-7pm | 7 <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Cocktail Demo</i> (Anaconda) 6pm | 8 <i>Live Music – Swing Dusters</i> Country swing (Bar) 6-9pm | 9 <i>Guided mediation</i> (Studio) 9-10am <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Live music – Matt Ruder</i> Jazz Guitar (Bar) 6-9pm | 10 <i>Gentle Yoga</i> (Studio) 9-10:15am <i>Live Music – Laura Bulkin</i> Piano (Bar) 11am-2pm For Brunch |
| 11 <i>Game Time</i> (Library) 4-6pm <i>Monday Night Trivia</i> (Bar) 6:15-8:30pm | 12 <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Pueblo Yoga</i> (Gallery) 5:15-6:15pm <i>Guided Meditation</i> (Studio) 5:30-6:30pm | 13 <i>Gentle Yoga</i> (Studio) 6-7:15pm <i>Get Your 2 step On!</i> Dance lessons (Bar) 6-7pm <i>Live Music –Omar Rane</i> Jazz Guitar(Bar) 7-10pm | 14 <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Live Music-Swing Duster</i> Country Swing (Bar) 6-9pm | 15 <i>Live Music-Omar Rane</i> Jazz Guitar (Bar) 6-9pm | 16 <i>Guided mediation</i> (Studio) 9-10am <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Live music – Matt Ruder</i> Jazz Guitar (Bar) 6-9pm | 17 <i>Gentle Yoga</i> (Studio) 9-10:15am <i>Live Music-Laura Bulkin</i> Piano (Bar) 11am-2pm For Brunch |
| 18 <i>Game Time</i> (Library) 4-6pm <i>Monday Night Trivia</i> (Bar) 6:15-8:30pm | 19 <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Pueblo Yoga</i> (Gallery) 5:15-6:15pm <i>Guided Meditation</i> (Studio) 5:30-6:30pm | 20 <i>Gentle Yoga</i> (Studio) 6-7:15pm <i>Get Your 2 step On!</i> Dance lessons (Bar) 6-7pm | 21 <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Cocktail Demo</i> (Anaconda) 6pm | 22 <i>Live Music-Omar Rane</i> Jazz Guitar (Bar) 6-9pm | 23 <i>Guided mediation</i> (Studio) 9-10am <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Live music – Matt Ruder</i> Jazz Guitar (Bar) 6-9pm | 24 <i>Gentle Yoga</i> (Studio) 9-10:15am <i>Live Music-Eileen Wiard</i> Piano (Bar) 11am-2pm For Brunch |

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| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| <p>Game Time (Library) 4-6pm</p> <p>Monday Night Trivia (Bar) 6:15-8:30pm</p> | <p>Property Tour (Lobby) 1:30-2:15pm</p> <p>Guided Meditation (Studio) 5:30-6:30pm</p> | <p>Gentle Yoga (Studio) 6-7:15pm</p> <p>Get Your 2 step On! Dance lessons (Bar) 6-7 pm</p> | <p>Property Tour (Lobby) 1:30-2:15pm</p> <p>Cocktail Demo (Anaconda) 6pm</p> | <p>Live Music Swing Dusters Country Swing (Bar) 6-9pm</p> | <p>Guided meditation (Studio) 9-10am</p> <p>Property Tour (Lobby) 1:30-2:15pm</p> <p>Live music – Matt Ruder Jazz Guitar (Bar) 6-9pm</p> | <p>Gentle Yoga (Studio) 9-10:15am</p> <p>Live Music Laura Bulkin Piano (Bar) 11am-2pm For Brunch</p> |

OTHER ACTIVITIES

Special Events:

Women's Expo 3/29 4-8 pm
3/30 10 am – 2 pm
In the Ballrooms & Foyer

Other Activities:

>Billiards, Board Games, Books and Movies in the library
>Aqua Center Salt Water Pool & Hot Tubs, 8 am-10 pm
>24-Hour Fitness Room
>Non-resort and local guests may purchase a day pass from the spa which includes access to the spa facilities, use of locker rooms, steam, dry sauna, relaxation lounges, aquatic and fitness centers. Monday – Thursday \$25 – Friday – Sunday \$30

Heritage Inspiration Activities:

Artisan walking Tours of Taos
Thursdays & Fridays
Snowshoeing Excursions
Ghost Ranch Hiking Tour
For more info. call Angelisa at (575) 779-5516 or go to heritageinspirations.com