

# Activities & Entertainment El Monte Sagrado

# May 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 <b>Get Your 2 step On!</b> Dance lessons (Bar) 6-7 pm	2 <b>Property Tour</b> (Lobby) 1:30-2:15pm <b>Cocktail Demo</b> (Anaconda) 6pm <b>Yoga with Alana</b> (Studio) 6:30-7:45pm	3 <b>Live Music-Omar Rane</b> Jazz Guitar (Bar) 6-9pm	4 <b>Guided mediation</b> (Studio) 9-10am <b>Property Tour</b> (Lobby) 1:30-2:15pm <b>Live music – Lisa Joyce</b> Folk (Bar) 6-9pm	5 <b>Yoga with Alana</b> (Studio) 9-10:15am <b>Brunch with Live Music</b> (Restaurant) 11am-2pm
6 <b>Game Time</b> (Library) 4-6pm <b>Monday Night Trivia</b> (Bar) 6:15-8:30pm	7 <b>Property Tour</b> (Lobby) 1:30-2:15pm <b>Guided Meditation</b> (Studio) 5:30-6:30pm	8 <b>Get Your 2 step On!</b> Dance lessons (Bar) 6-7 pm	9 <b>Property Tour</b> (Lobby) 1:30-2:15pm <b>Cocktail Demo</b> (Anaconda) 6pm <b>Yoga with Alana</b> (Studio) 6:30-7:45pm	10 <b>Live Music-Omar Rane</b> Jazz Guitar (Bar) 6-9pm	11 <b>Guided mediation</b> (Studio) 9-10am <b>Property Tour</b> (Lobby) 1:30-2:15pm <b>Live music – ReStrung</b> Bluegrass (Bar) 6-9pm	12 <b>Yoga with Alana</b> (Studio) 9-10:15am <b>Brunch with Live Music</b> (Restaurant) 11am-2pm
13 <b>Game Time</b> (Library) 4-6pm <b>Monday Night Trivia</b> (Bar) 6:15-8:30pm	14 <b>Property Tour</b> (Lobby) 1:30-2:15pm <b>Guided Meditation</b> (Studio) 5:30-6:30pm	15 <b>Get Your 2 step On!</b> Dance lessons (Bar) 6-7 pm	16 <b>Property Tour</b> (Lobby) 1:30-2:15pm <b>Yoga with Alana</b> (Studio) 6:30-7:45pm	17 <b>Live Music-Omar Rane</b> Jazz Guitar (Bar) 6-9pm	18 <b>Guided mediation</b> (Studio) 9-10am <b>Property Tour</b> (Lobby) 1:30-2:15pm <b>Live music – Mike Hogan</b> (Bar) 6-9pm	19 <b>Yoga with Alana</b> (Studio) 9-10:15am <b>Brunch with Live Music</b> (Restaurant) 11am-2pm <b>Cocktail Demo</b> (Anaconda) 3pm
20 <b>Game Time</b> (Library) 4-6pm <b>Monday Night Trivia</b> (Bar) 6:15-8:30pm	21 <b>Property Tour</b> (Lobby) 1:30-2:15pm <b>Guided Meditation</b> (Studio) 5:30-6:30pm	22 <b>Get Your 2 step On!</b> Dance lessons (Bar) 6-7 pm	23 <b>Property Tour</b> (Lobby) 1:30-2:15pm <b>Yoga with Alana</b> (Studio) 6:30-7:45pm	24 <b>Live Music-Omar Rane</b> Jazz Guitar (Bar) 6-9pm <b>BBQ, Brews &amp; Badminton</b> (Anaconda Patio) 6-8 pm	25 <b>Guided mediation</b> (Studio) 9-10am <b>Property Tour</b> (Lobby) 1:30-2:15pm <b>Live music – ReStrung</b> Bluegrass (Bar) 6-9pm	26 <b>Yoga with Alana</b> (Studio) 9-10:15am <b>Brunch with Live Music</b> (Restaurant) 11am-2pm <b>Cocktail Demo</b> (Anaconda) 3pm
27 <b>Game Time</b> (Library) 4-6pm <b>Monday Night Trivia</b> (Bar) 6:15-8:30pm	28 <b>Property Tour</b> (Lobby) 1:30-2:15pm <b>Guided Meditation</b> (Studio) 5:30-6:30pm	29 <b>Get Your 2 step On!</b> Dance lessons (Bar) 6-7 pm	30 <b>Property Tour</b> (Lobby) 1:30-2:15pm <b>Yoga with Alana</b> (Studio) 6:30-7:45pm	31 <b>Live Music-Swing Dusters</b> Country Swing (Bar) 6-9pm <b>BBQ, Brews &amp; Badminton</b> (Anaconda Patio) 6-8 pm		

# ACTIVITIES

## Special Events:

>5/12/19 Mother's Day Brunch,  
book on OpenTable.com or  
email [sdiaz@hhandr.com](mailto:sdiaz@hhandr.com)

## Other Activities:

>Billiards, Board Games, Books  
and Movies in the library

>Outdoor chess and Checker  
Board near Taos Mountain  
Rooms

>Aqua Center Salt Water Pool  
& Hot Tubs, 8 am-10 pm

>24-Hour Fitness Room

>Non-resort and local guests  
may purchase a day pass from  
the spa which includes access  
to the spa facilities, use of  
locker rooms, steam, dry  
sauna, relaxation lounges,  
aquatic and fitness centers.

Monday – Thursday \$25

Friday – Sunday \$30

## Heritage Inspiration Activities:

>Artisan walking Tours of Taos  
Thursdays & Fridays

>Ghost Ranch Hiking Tour

>Taos Artisan Walking Tour

Many half and full day tours  
available.

For more info. Call Angelisa  
at (575) 779-5516 or go to  
[heritageinspirations.com](http://heritageinspirations.com)