

Activities and Entertainment
El Monte Sagrado

SEPTEMBER 2019

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|-------------------------------------------------------------|------------------------------------------------|-----------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|
| | | | | | | 1 <i>Yoga with Alana</i> (Studio) 9-10:15am <i>Brunch with Live Music</i> (Restaurant) 11am-2pm <i>Cocktail Demo</i> (Anaconda) 3pm |
| 2 <i>Game Time</i> (Library) 4-6pm <i>Monday Night Trivia</i> (Bar) 6:15-8:30pm | 3 <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Guided Meditation</i> (Studio) 5:30-6:30pm | 4 <i>Get Your 2 step On!</i> Dance lessons (Bar) 6-7 pm | 5 <i>Property Tour</i> (Lobby) 1:30-2:15pm | 6 <i>Live Music – Tony Nardi</i> Piano (Bar) 6-9 pm | 7 <i>Guided meditation</i> (Studio) 9-10am <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Live music – ReStrung</i> Folk (Bar) 6-9pm | 8 <i>Yoga with Alana</i> (Studio) 9-10:15am <i>Brunch with Live Music</i> (Restaurant) 11am-2pm <i>Cocktail Demo</i> (Anaconda) 3pm |
| 9 <i>Game Time</i> (Library) 4-6pm <i>Monday Night Trivia</i> (Bar) 6:15-8:30pm | 10 <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Guided Meditation</i> (Studio) 5:30-6:30pm | 11 <i>Get Your 2 step On!</i> Dance lessons (Bar) 6-7 pm | 12 <i>Property Tour</i> (Lobby) 1:30-2:15pm | 13 <i>Live Music – Tony Nardi</i> Piano (Bar) 6-9 pm | 14 <i>Guided meditation</i> (Studio) 9-10am <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Live music – Robert Romero</i> Classic Hits (Bar) 6-9pm | 15 <i>Yoga with Alana</i> (Studio) 9-10:15am <i>Brunch with Live Music</i> (Restaurant) 11am-2pm <i>Cocktail Demo</i> (Anaconda) 3pm |
| 16 <i>Game Time</i> (Library) 4-6pm <i>Monday Night Trivia</i> (Bar) 6:15-8:30pm | 17 <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Guided Meditation</i> (Studio) 5:30-6:30pm | 18 <i>Get Your 2 step On!</i> Dance lessons (Bar) 6-7 pm | 19 <i>Property Tour</i> (Lobby) 1:30-2:15pm | 20 <i>Live Music-Omar Rane</i> Jazz Guitar (Bar) 6-9pm | 21 <i>Guided meditation</i> (Studio) 9-10am <i>Property Tour</i> (Lobby) 1:30-2:15pm <i>Live music – ReStrung</i> Folk (Bar) 6-9pm | 22 <i>Yoga with Alana</i> (Studio) 9-10:15am <i>Brunch with Live Music</i> (Restaurant) 11am-2pm <i>Cocktail Demo</i> (Anaconda) 3pm |

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| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| <p>Game Time (Library) 4-6pm</p> <p>Monday Night Trivia (Bar) 6:15-8:30pm</p> | <p>Property Tour (Lobby) 1:30-2:15pm</p> <p>Guided Meditation (Studio) 5:30-6:30pm</p> | <p>Get Your 2 step On! Dance lessons (Bar) 6-7 pm</p> | <p>Property Tour (Lobby) 1:30-2:15pm</p> | <p>Live Music-Omar Rane Jazz Guitar (Bar) 6-9pm</p> | <p>Guided meditation (Studio) 9-10am</p> <p>Property Tour (Lobby) 1:30-2:15pm</p> <p>Live music – Lisa Joyce Folk (Bar) 6-9pm</p> | <p>Yoga with Alana (Studio) 9-10:15am</p> <p>Brunch with Live Music (Restaurant) 11am-2pm</p> <p>Cocktail Demo (Anaconda) 3pm</p> |

SPECIAL EVENTS:

**September 1st-2nd Taos Artist Organization
Art Show in the Gallery Daily 10am-5pm.**

OTHER ACTIVITIES:

- >Billiards, Board Games, Books and Movies in the library
- >Outdoor chess and Checker Board near Taos Mountain Rooms
- >Croquet available to be signed out for guests. Footballs, soccer, Frisbees available at front desk.
- >Aqua Center: Salt Water Pool & Hot Tubs, 8 am-10 pm
- >24-Hour Fitness Room
- >Non-resort and local guests may purchase a day pass from the spa which includes access to the spa facilities, use of locker rooms, steam, dry sauna, relaxation lounges, Aquatic and fitness centers.

Monday – Thursday \$25
Friday – Sunday \$30

Heritage inspirations Activities:

- >Artisan walking Tours of Taos
- Thursdays & Fridays
- >Ghost Ranch Hiking Tour
- >Taos Artisan Walking Tour

Many half and full day tours available.

For more info. Call Angelisa at (575) 779-5516 or go to heritageinspirations.com